

# THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate National Level

## **Aaron Bolton**

This is to certify that Aaron Bolton is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Aaron competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

### Championship Success - 10 Gold 5 Silver 2 Bronze

### Shindo Kai Karate Championships - 12<sup>th</sup> March, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

Gold - Pairs Kata

Silver - Team Kata

Bronze - Individual Kata

# Hull & East Riding Karate Academy Championships - 18<sup>th</sup> June, Bilton

Gold - Individual Kumite Silver - Individual Kata

### Shindo Kai Karate Championships - 2<sup>nd</sup> July, Barnsley

Gold - Individual Kumite

Gold - Pairs Kata

Silver - Team Kumite

Silver - Team Kata

### Wado UK Championships - 3<sup>rd</sup> September, Bradford

Gold - Individual Kata











# THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate National Level

# **Aaron Bolton**

North of England Championships - 22<sup>nd</sup> October, Sheffield

Silver - Individual Kata Bronze - Team Kata

Shindo Kai Karate Championships - 19<sup>th</sup> November, Barnsley

Gold - Individual Kumite

Gold - Individual Kata

Gold - Pairs Kata

Congratulations on your sporting achievements throughout 2017. Well done Aaron.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







